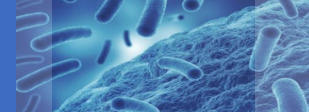


Straining for the best outcomes: Top controversies in *C. difficile* management

Michael Woodworth, MD, MSc and Sarah Doernberg, MD, MAS

March 3, 2023





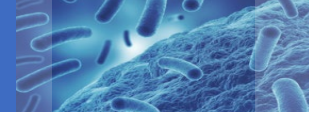
Disclosures

■ Sarah:

- Funding for clinical research studies to UCSF from Gilead, Pfizer, F2G, Regeneron, Chan Zuckerberg Initiative, and NIH
- Personal consulting fees from Genentech and Janssen/J+J
- Clinical Events Committee compensation from Shinogi, Basilea, DCRI

■ Mike:

- Funding for clinical research studies to Emory from NIH and CDC



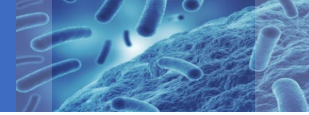
Objectives

Describe top controversies in *C. difficile* diagnosis and management

Understand emerging and newer *C. difficile* therapies

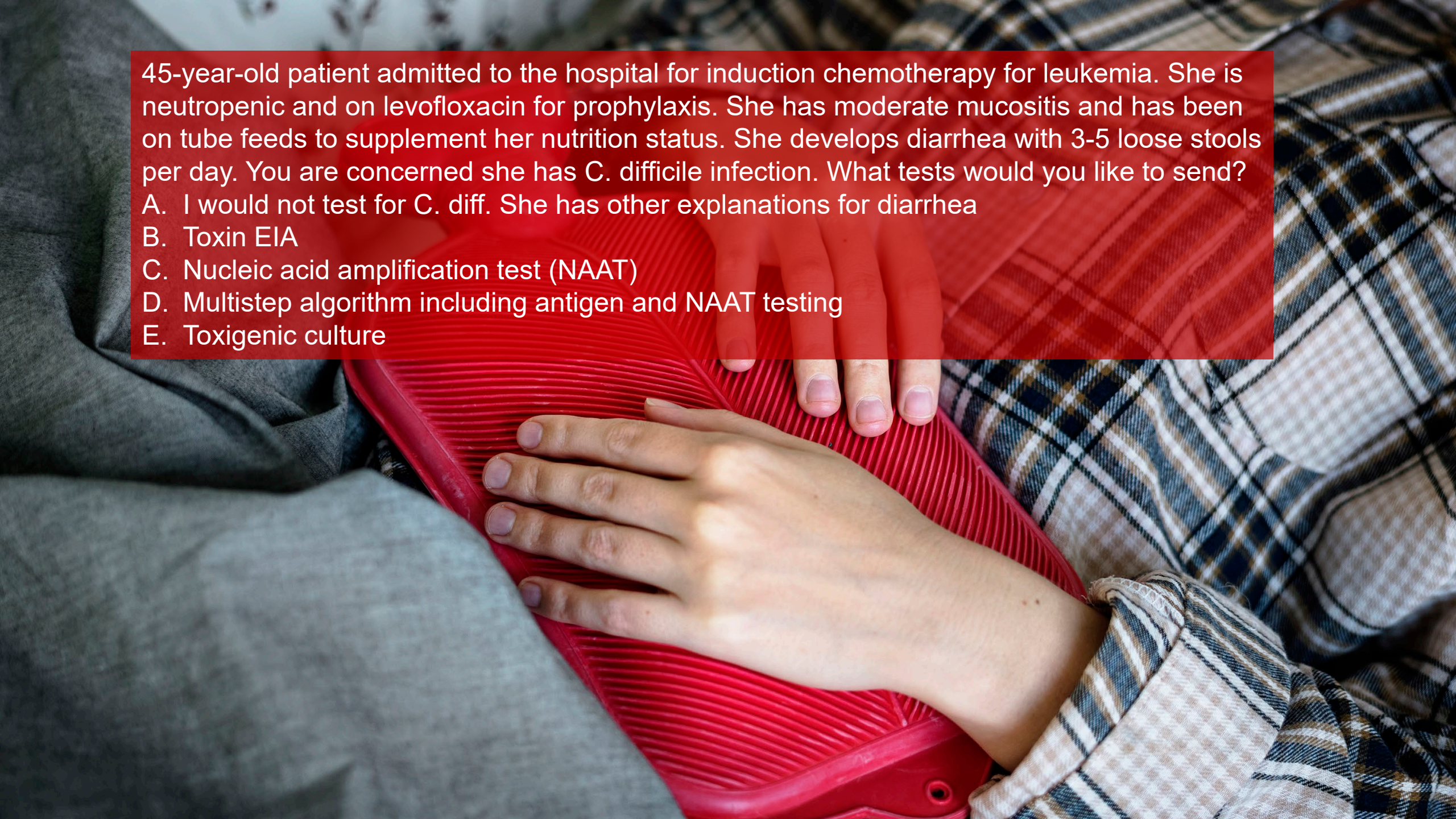
Summarize gaps in the literature and future areas for research

Apply this knowledge to your treatment setting



TREAT + NAAT / - AG?





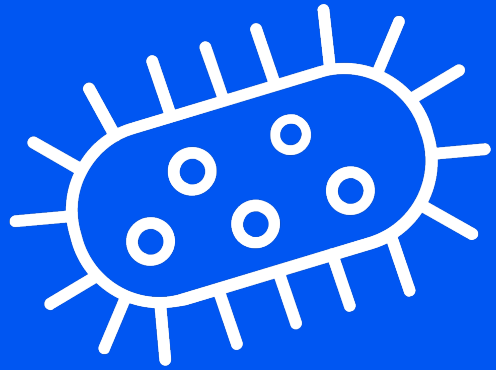
45-year-old patient admitted to the hospital for induction chemotherapy for leukemia. She is neutropenic and on levofloxacin for prophylaxis. She has moderate mucositis and has been on tube feeds to supplement her nutrition status. She develops diarrhea with 3-5 loose stools per day. You are concerned she has *C. difficile* infection. What tests would you like to send?

- A. I would not test for *C. diff*. She has other explanations for diarrhea
- B. Toxin EIA
- C. Nucleic acid amplification test (NAAT)
- D. Multistep algorithm including antigen and NAAT testing
- E. Toxigenic culture

“Send stool for *C. diff* x 3”

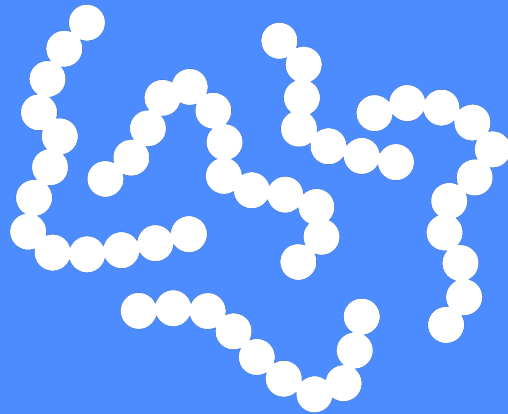


Diagnostic testing



Glutamate dehydrogenase
Ag (GDH)

- Bacterial detection
- Sn but not Sp



Enzyme immunoassay
(EIA), toxins A+B

- Protein detection
- ↓Sensitivity
- ↑Specificity



Polymerase chain
reaction (PCR):

- Toxin-producing gene
- ↑Sensitivity
- ↓Specificity

Additional tests (“reference standards”)—selective toxigenic culture and cell culture cytotoxicity assay—are time-consuming and impractical for routine clinical use



Some facts

Most diarrhea in the hospital is not *C. diff*

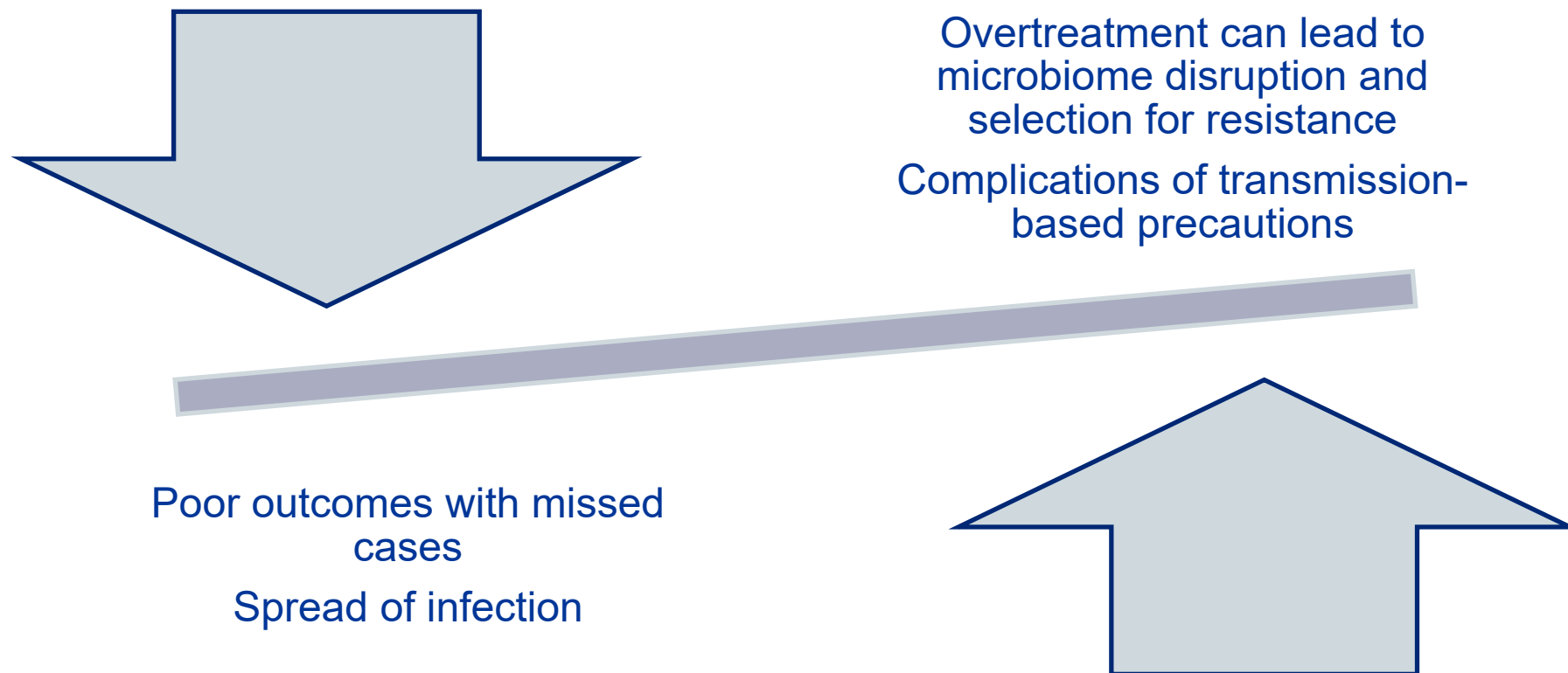
C. diff colonization is common in certain populations

Causes of non-*C. diff* diarrhea and risk factors for *C. diff* have significant overlap

Test performance depends on pre-test probability

Different toxin tests vary in sensitivity

Trade-offs





What do the guidelines say?

IDSA

- Target patients with unexplained new-onset diarrhea ($\geq 3/24\text{h}$)
- Use stool toxin test as part of a multistep algorithm rather than NAAT alone
 - Exception: Institutional limitations on stool testing population

ESCMID

- Test only unformed stool
- Interpret tests in clinical context
- Use 2-step algorithm

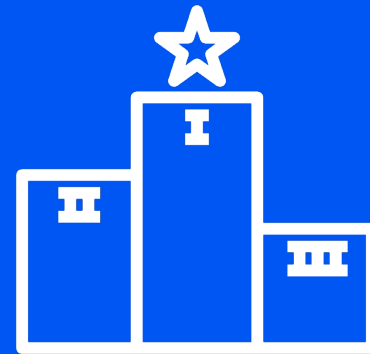
Quick takes



**Switch to NAAT
testing ↑incidence
by 43-67%**



**3% of PCR-only
cases vs. 39% with
+EIA or CCA had
complication
(can find other studies w/
similar complications)**



**Toxin levels
correlate w/ dz
severity,
complications, &
recurrence**



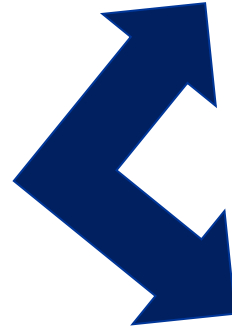
**PCR-only patients
can transmit *C.
diff* to others**

What do most observational studies examine?

**Wrong
population**



Pts with positive
NAAT test on
therapy for CDI



Detectable toxin

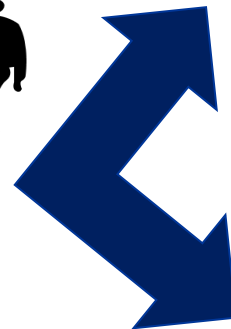


Undetectable toxin Clinical outcomes

**Wrong
outcomes**

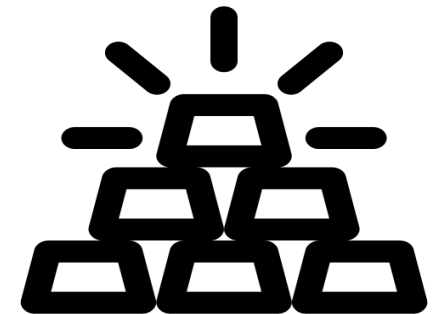


Pts with diarrhea

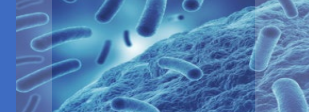


Test A

Test B



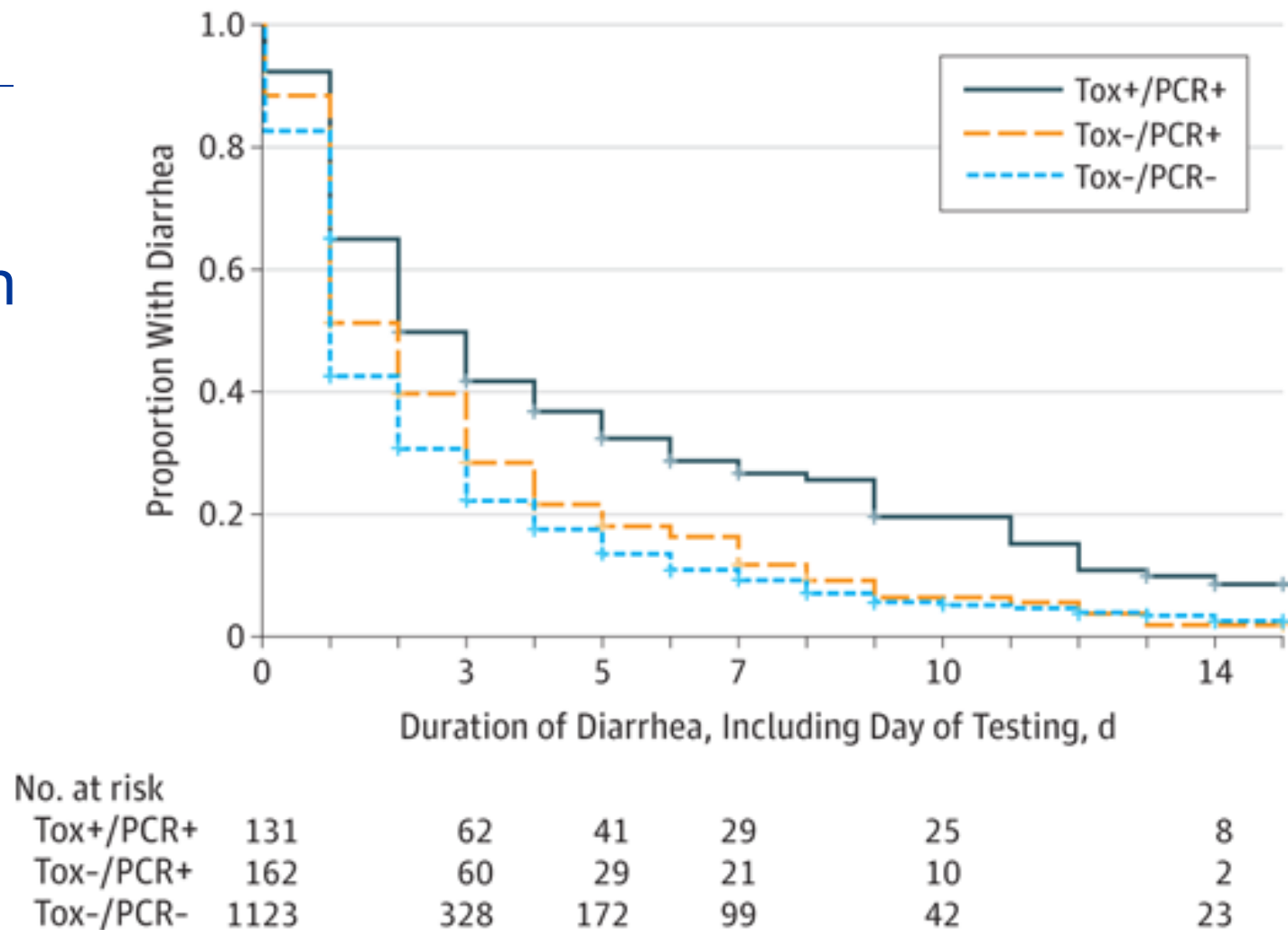
Analytical sensitivity



CDI overdiagnosis

- 21% +PCR
- Of these, 44% + toxin
- Toxin-/PCR+
 - ↓bacterial load
 - ↓abx
 - ↓diarrhea
 - No CDI-complications

Similar results reported in the UK and at Stanford





“Anecdotal experiences with cases of severe CDI missed by toxin tests have promoted a desire for absolute sensitivity”

Anecdotal counterpoints

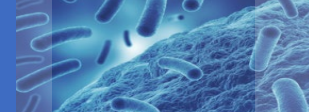


- Pt with toxic megacolon, leukemoid reaction, pseudomembranes.
- Initial toxin testing negative, later positive

Table 7. FALSE-NEGATIVE RATE OF DIAGNOSTIC STUDIES FOR FULMINANT CLOSTRIDIUM DIFFICILE COLITIS

	Colectomy	Autopsy	False-Negative Rate
Endoscopy	1/18	1/2	10%
Computed tomography scan	0/30	0/9	0%
Fecal leukocytes	6/10	0/0	60%
Toxin assay	3/33	3/15	12.5%

“toxin assay was negative, and he was sent home. After three weeks, he returned to the hospital with severe abdominal pain, watery diarrhea, severe sepsis, and multiple organ failure”



Particular concern in immunocompromised hosts

Retrospective cohort of pts with symptoms and stool samples sent to University Hospital Basel

**Toxin EIA +
(N = 274)**



**Toxigenic culture +
EIA negative
(N = 206)**

12,481 stool specimens submitted
480 (3.8%) with toxigenic C diff + symptoms
N = 2 with TC+ and asymptomatic

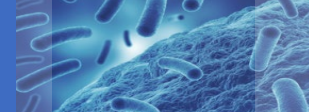
10 (3.6%)

Not treated

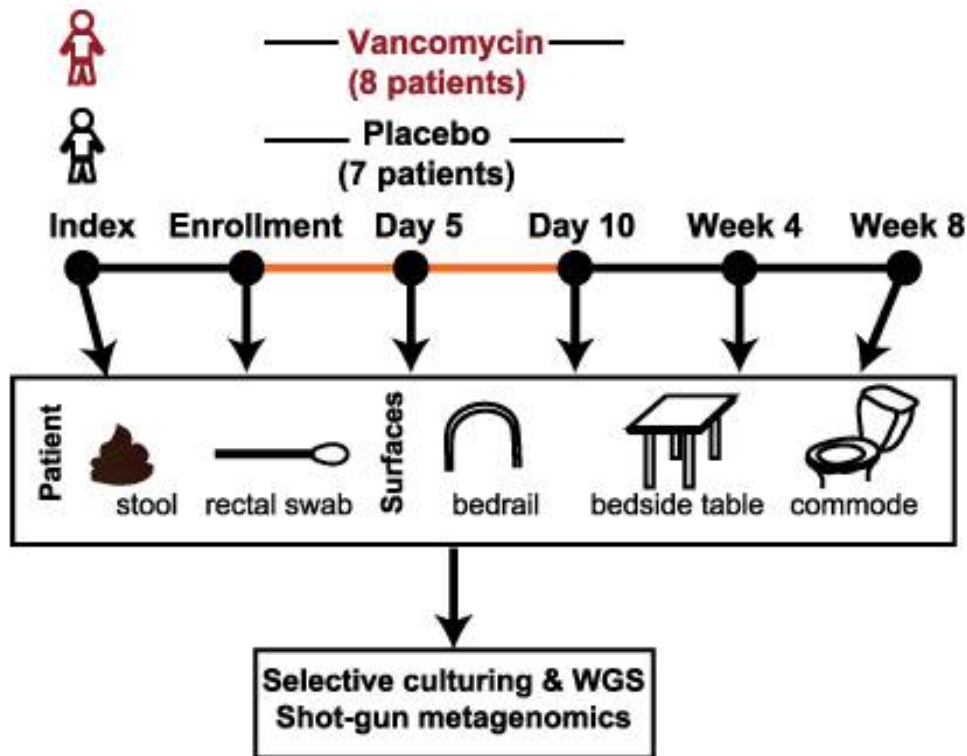
42 (20.4%)

Significant predictors for EIA-/TC+ on multivariate analysis included **high-dose steroids** (aOR 2.97, 1.5-5.9) and **leukopenia** (aOR 2.5, 1.2-5.2)

EIA-negative disease had similar crude and CDI-attributable mortality, recurrence, and need for surgery

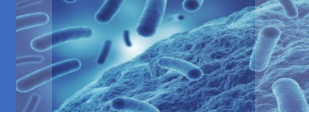


Pilot RCT demonstrates effects of PO VAN on colonized pts



Key takeaways:

- Limited power
- 80% of PBO vs. 71% of VAN-treated patients remained colonized post-treatment
- There were differences in gut microbiota and resistomes between groups
- One PBO patient later had a positive EIA and was treated
- Numerical increase in *E. faecium* abundance

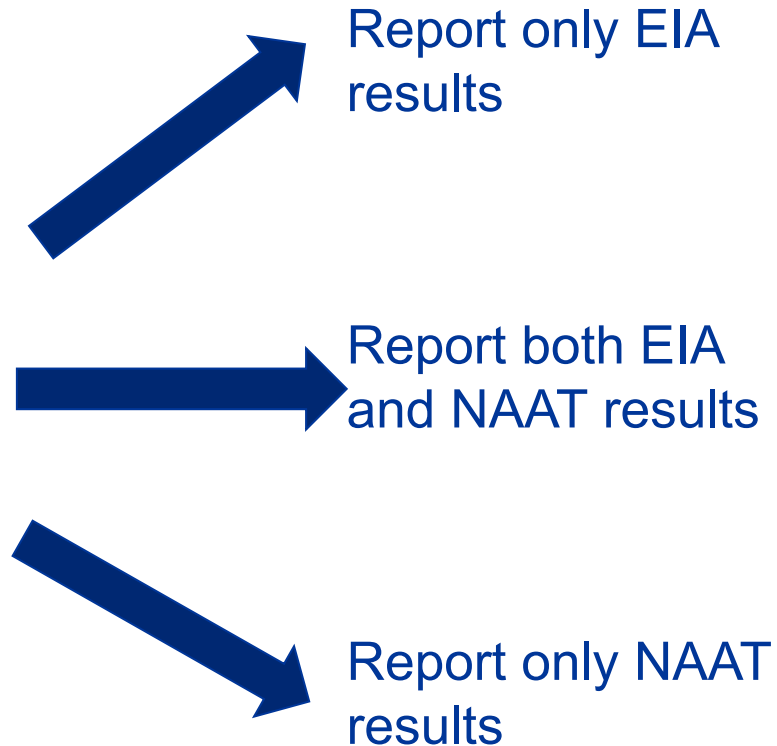


What would be the optimal study design to determine the best testing approach?



- Include: Patients with diarrhea and no alternative explanation
- Exclude: High-risk features, severe immunocompromise
- Double-blind RCT

Randomization



Outcomes

- CDI complications
- CDI treatment
- CDI rates/spread
- Mortality
- Readmission
- Microbiome analysis





Significant uncertainty exists about the significance and management of toxin-negative/NAAT-positive C diff testing

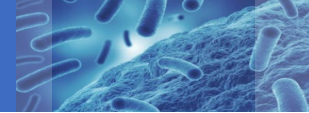
Future directions may include:

- Better tests (host biomarkers, ultrasensitive toxin testing, Ct values) to discriminate disease from colonization
- Better preventative treatment strategies (live biotherapeutic products)
- More effective infection control strategies



WHEN IS THE BEST TIME TO TREAT WITH LBP/FMT?



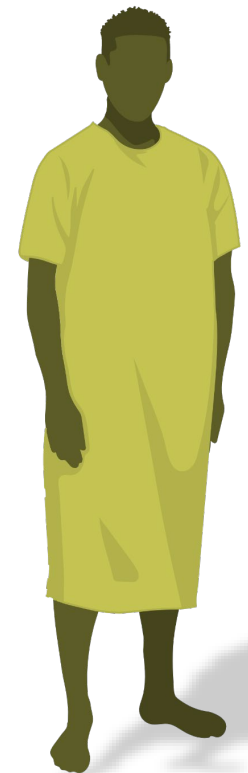


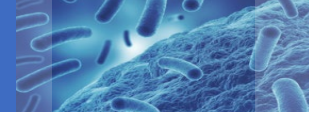
Case

67 year old man with end-stage renal disease on peritoneal dialysis and recent admission for septic shock with *Enterobacter cloacae* bacteremia treated with two weeks of meropenem.

He developed diarrhea (*C. difficile* PCR +/-toxin -) treated with PO vancomycin for 7 days.

He was readmitted 21 days after last dose of vancomycin with fulminant *C. difficile* colitis (PCR +/-toxin +) and shock. He was initially treated with enteric vancomycin and IV metronidazole, then seen by ID and transitioned to fidaxomicin. He had persistent loose stools after two weeks of fidaxomicin.



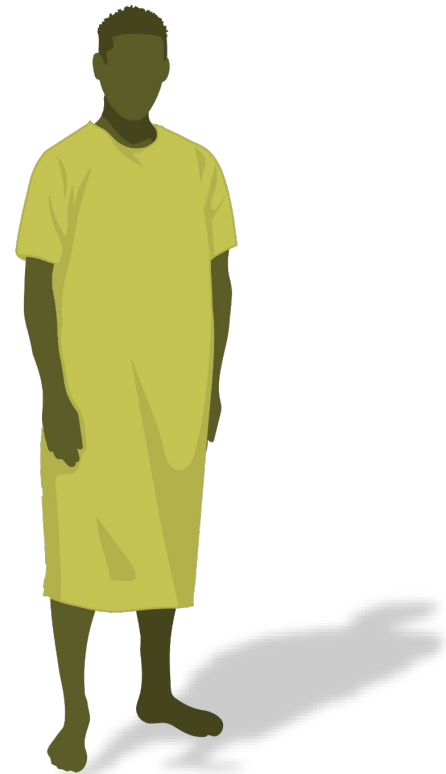


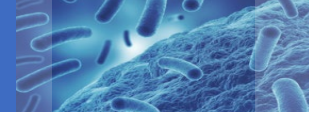
Case

67 year old man with recurrent *C. difficile* and loose stooling refractory to antibiotics.

Should he be considered for FMT?

When?

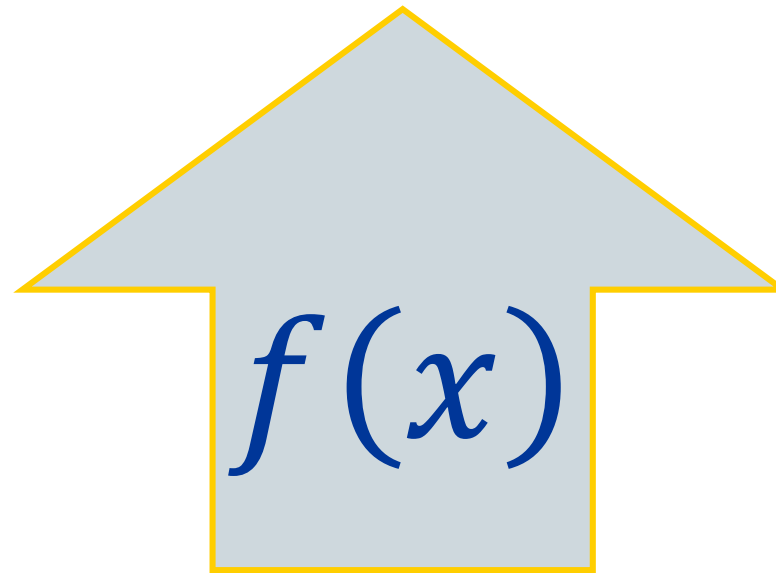
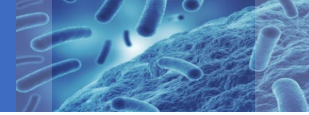




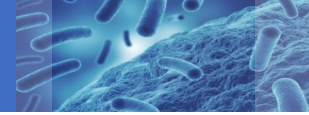
Should this patient be considered for FMT?

67 year old man with recurrent *C. difficile* and loose stooling refractory to antibiotics.

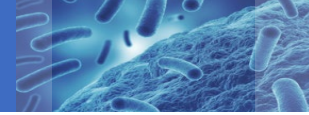
- A) No – He has only had one CDI recurrence, not two
- B) No – I'm not sure why he is having loose stool but probably not *C. difficile* anymore if it didn't respond to fidaxomicin
- C) Yes – He has antibiotic-refractory CDI, recommend FMT this admission
- D) Yes – Recommend GI referral for outpatient FMT via colonoscopy
- E) Yes – FMT seems indicated but I don't know how to get a dose



This is fundamentally different than many therapies in infectious disease.



Patients and clinicians are **left with tradeoffs** for timing of live biotherapeutics like FMT in the absence of validated biomarkers of gut microbiota functional potential.



Timing of LBP/FMT - Tradeoffs

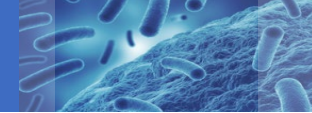
PRO:

- Efficacy ~ 90% for preventing recurrence
- Limits antibiotic exposures
- Potential secondary benefits (e.g. reduced MDRO colonization and BSIs)



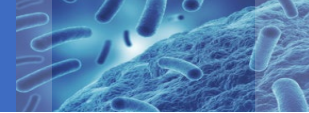
CON:

- Procedural risks (anesthesia, colonoscopy, discomfort from enema)
- Material risks (infection, unrecognized risks)
- Reimbursement challenges
- Limited FMT access
- Recurrence risks



Timing of FMT – IDSA & ACG Guidelines

Guideline, Date	FMT Indication(s)	Recommendation strength / Evidence quality
IDSA, 2017	<ul style="list-style-type: none"> Patients with multiple recurrences of CDI who have failed appropriate antibiotic treatments 	<ul style="list-style-type: none"> (Strong / Moderate)
ACG, 2021	<ul style="list-style-type: none"> Second or subsequent recurrence of CDI (i.e. third or subsequent episode). Repeat FMT for patients with recurrence within 8 weeks of FMT Severe and fulminant CDI refractory to antibiotic therapy. 	<ul style="list-style-type: none"> (Strong / Moderate) (Conditional / Very Low) (Strong / Moderate)
IDSA, 2021	<ul style="list-style-type: none"> Patients with multiple recurrences of CDI who have failed appropriate antibiotic treatments and where appropriate screening of donor and donor fecal specimens has been performed. 	<ul style="list-style-type: none"> (Unchanged)



Timing of FMT – FDA Enforcement Policy for FMT for CDI

GUIDANCE DOCUMENT

Enforcement Policy Regarding Investigational New Drug Requirements for Use of Fecal Microbiota for Transplantation to Treat *Clostridium difficile* Infection Not Responsive to Standard Therapies

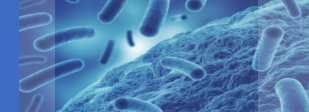
Guidance for Industry

NOVEMBER 2022

[Download the Final Guidance Document](#)

[Read the Federal Register Notice](#)

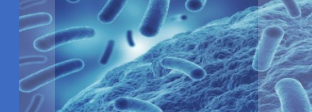
Final



How many FMT-eligible patients receive FMT?

After how many episodes of CDI is FMT offered to patients?





Among patients eligible for FMT

6%

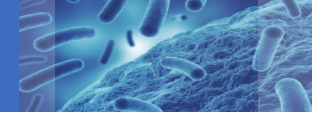
Received FMT



94%

Did not receive FMT

(A guideline-recommended therapy that is 90% efficacious)

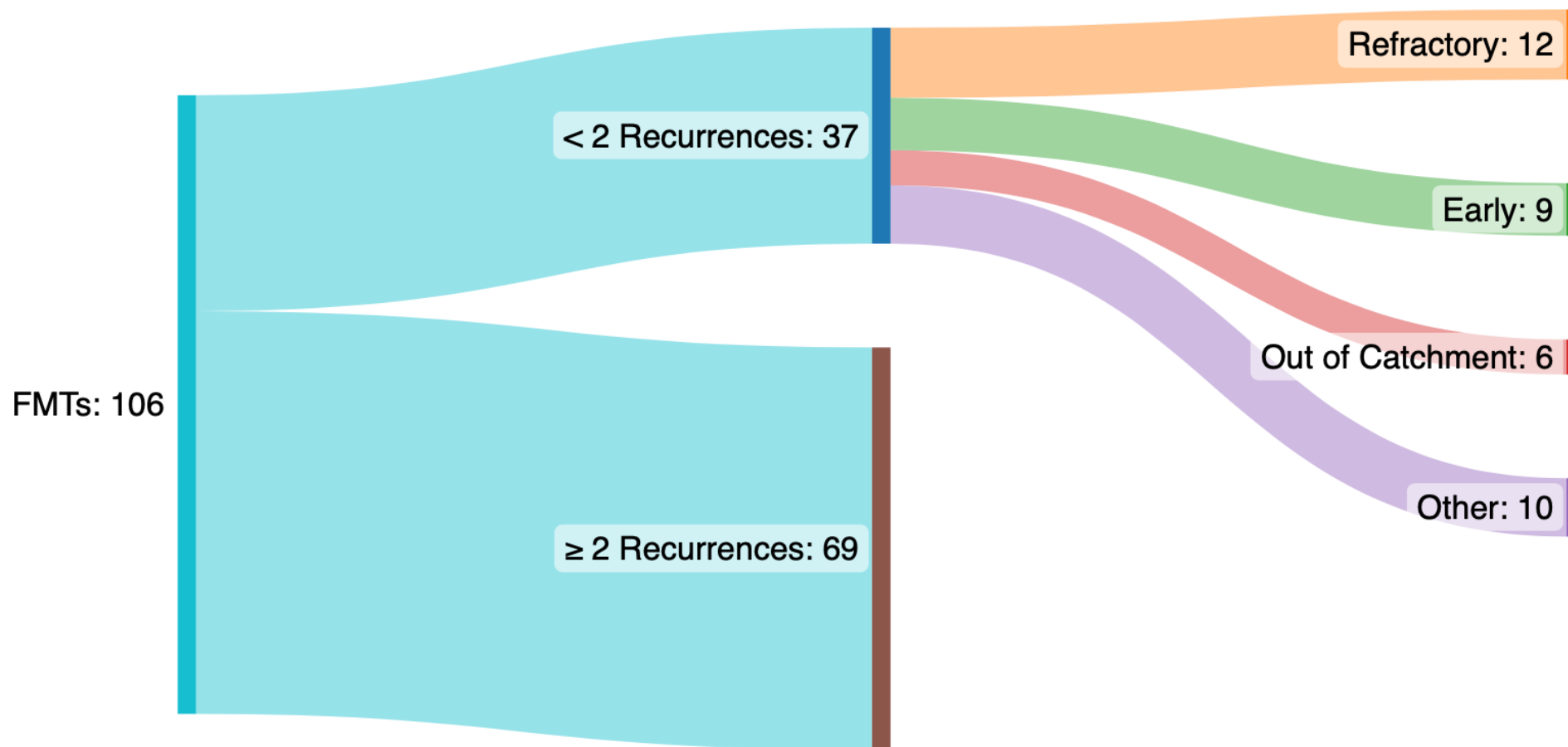
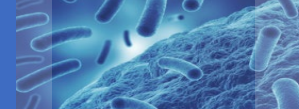


FMTs are frequently administered before Episode 3

CDI Episode	Patients (n)	Patients Treated with FMT n (%)
1	13,852	52 (0.4%)
2	3,038	75 (2.5%)
3	983	68 (7%)
4	441	35 (8%)
5	196	6 (3%)
≥6	92	10 (10%)



127 (52%) of FMTs were administered before Episode 3



NON-RELEASED
EXPIRES 12 MONTHS AFTER STOOL SAMPLE PROCESSING
CAUTION: New Drug -
Federal (or United States) law to investigational
Emory IRB #: 00090101 | **IND Number**
Human Stool in Glycerol (10%) (AHSG)
Manufacturer: Colleen S. Kraft, MD, MSc, Emory
Road NE, Atlanta, GA, 30322 (Phone: +1-404-712-1000)

09 MAY 2019	Bottle: 1
09 MAY 2020	
Lot #: 0519-02	

NON-RELEASED
PRODUCT FOR ENTERAL USE
months after stool sample processing
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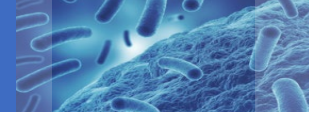
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Timing of FMT - Tradeoffs

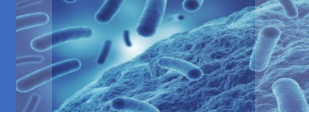
PRO:

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- Limits antibiotic exposures
- Potential secondary benefits (e.g. reduced MDRO colonization and BSIs)



CON:

- Procedural risks (anesthesia, colonoscopy, discomfort from enema)
- Material risks (infection, unrecognized risks)
- Reimbursement challenges
- Limited FMT access
- Recurrence risks



Timing of FMT - Tradeoffs

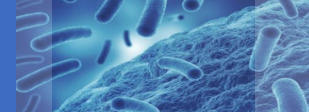
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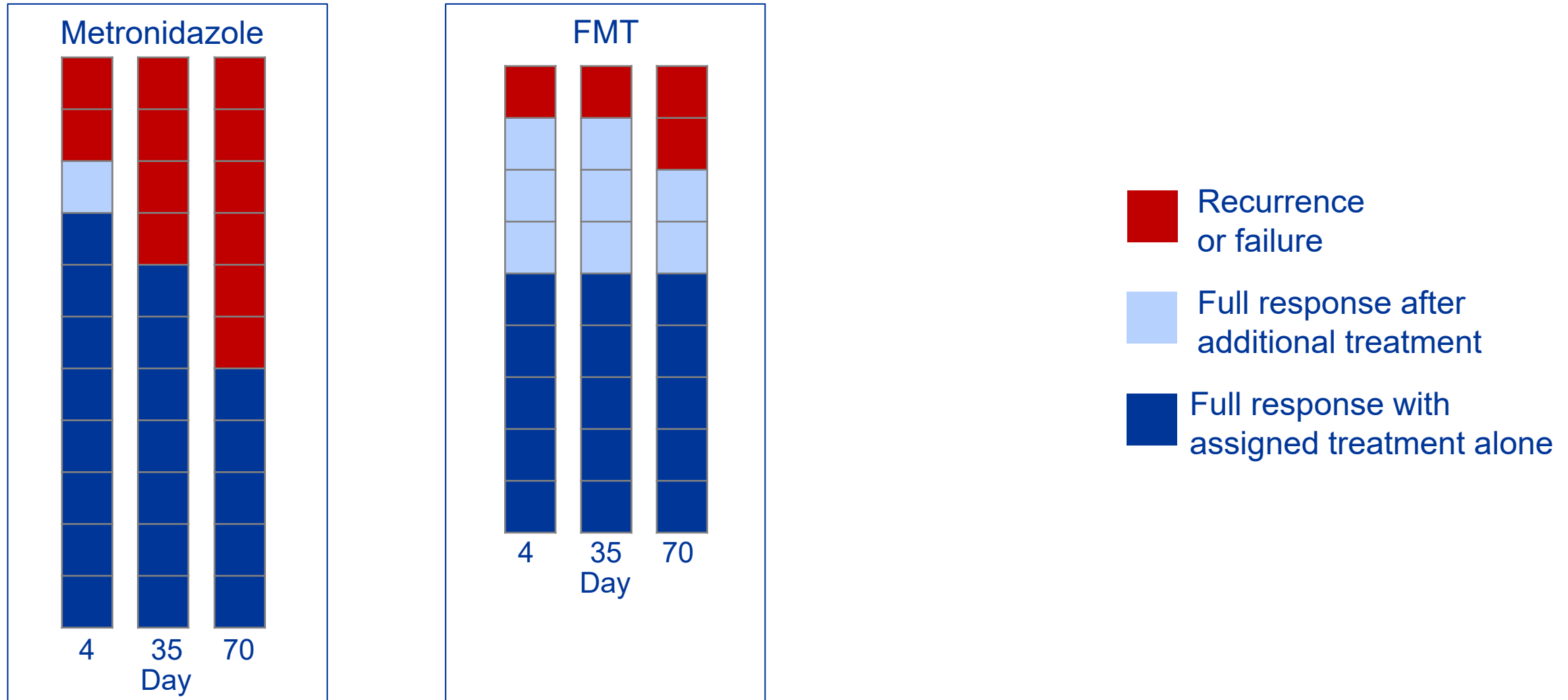


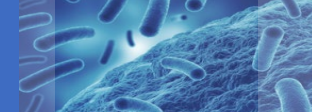
CON:

- ~~Procedural risks (anesthesia, colonoscopy, discomfort from enema)~~
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- Recurrence risks

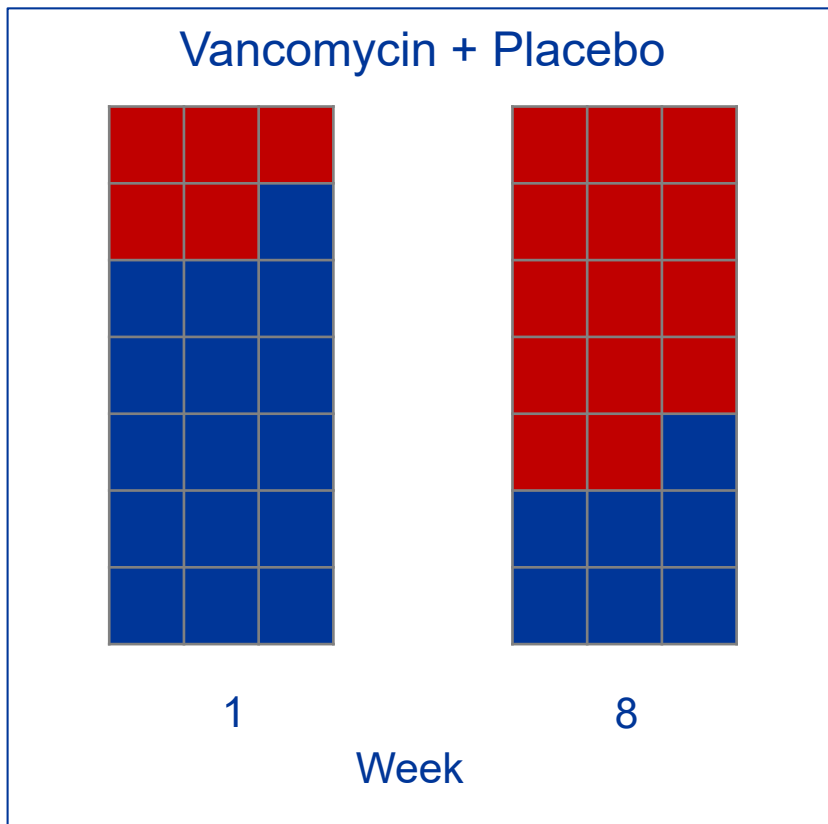


Recent data support considering FMT for primary CDI

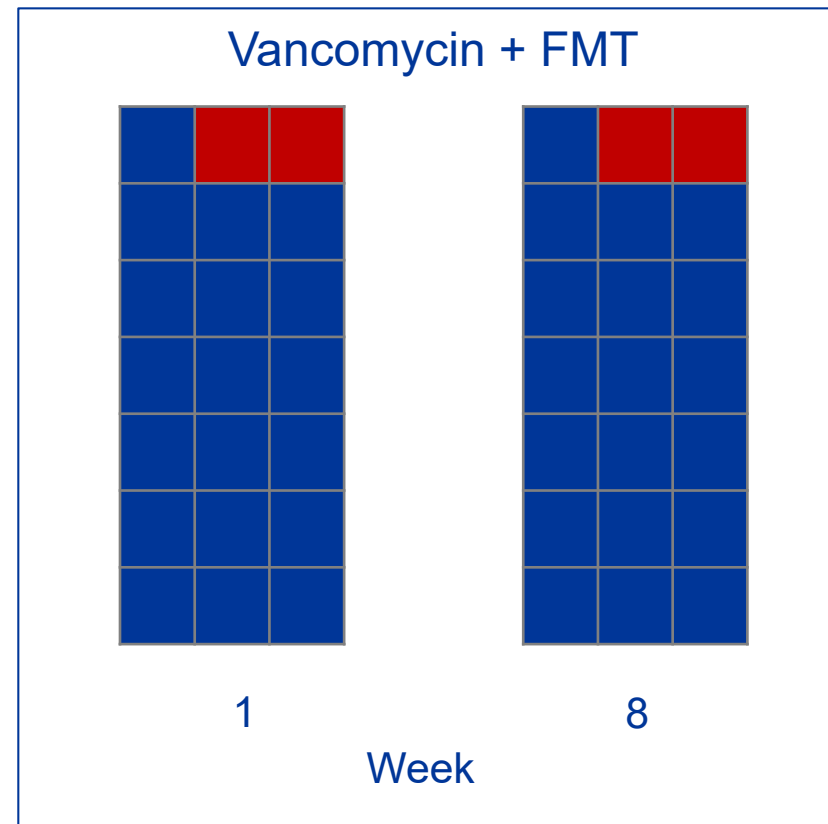




Recent data support considering FMT for primary CDI



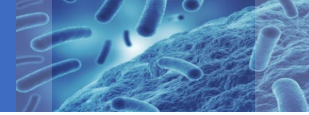
7/21, 33% Resolution at Week 8



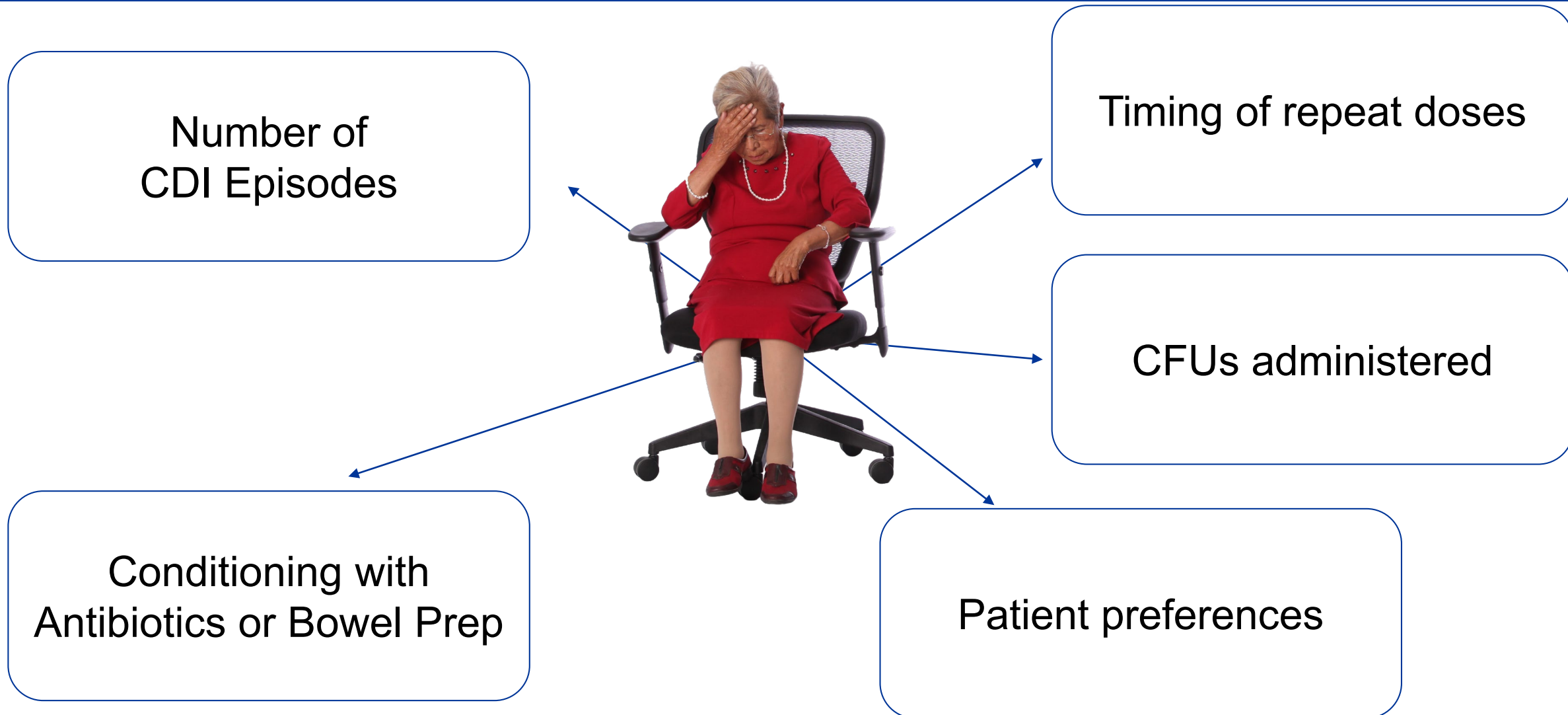
19/21, 90% Resolution at Week 8

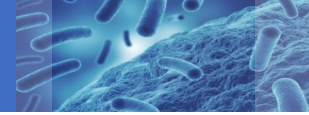
 CDAD Unresolved

 CDAD Resolution



What would be the most useful studies to determine the optimal time to administer FMT?





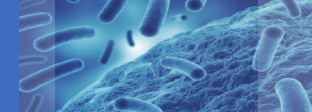
What would be the most useful study design to determine the optimal time to administer FMT?



Why participate in
a clinical trial
when the product
is available?



Edward Jenner vaccinating a boy. Oil painting by E.-E. Hillemacher, 1884.
CC BY 4.0, via Wikimedia Commons



How can we accelerate the development of live biotherapeutic products?



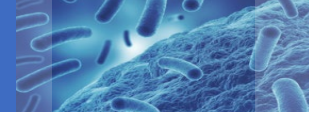
Edward Jenner vaccinating a boy.
Oil painting by E.-E. Hillemacher, 1884.
CC BY 4.0, via Wikimedia Commons



Angeline Mitchell, RN..., prepares shots
of the Moderna COVID-19 vaccine. 2021.
Public Domain, via Wikimedia Commons

The number of dose optimization, patient preference, and operational questions may be best answered by a
platform trial design.

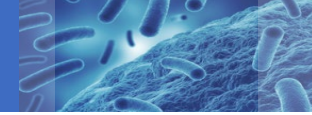
At a minimum, we should expect
data sharing and open science for microbiome trials



Case

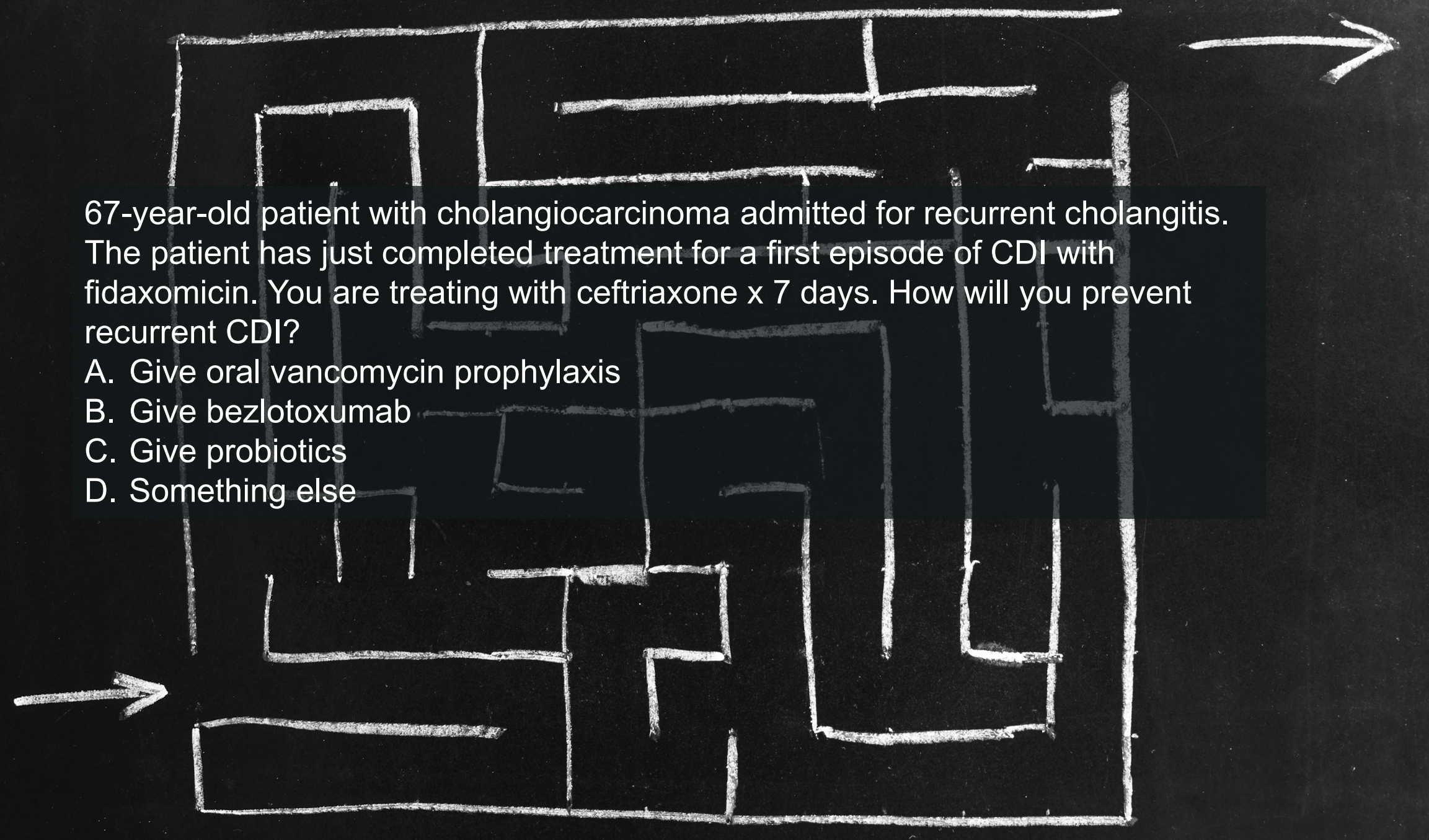
- Two doses of Rebyota
- Good response after two doses
- Developed *Enterobacter* bacteremia treated with ciprofloxacin
- Developed recurrent diarrhea a month later
- Treated with an Emory manufactured FMT dose
- Improvement with one week of formed stools, then diarrhea
- Treated with an additional dose of Rebyota and discharged home
- Follow up: formed stools, gained 26 lb, feeling great





WHAT IS THE OPTIMAL STRATEGY FOR SECONDARY PREVENTION



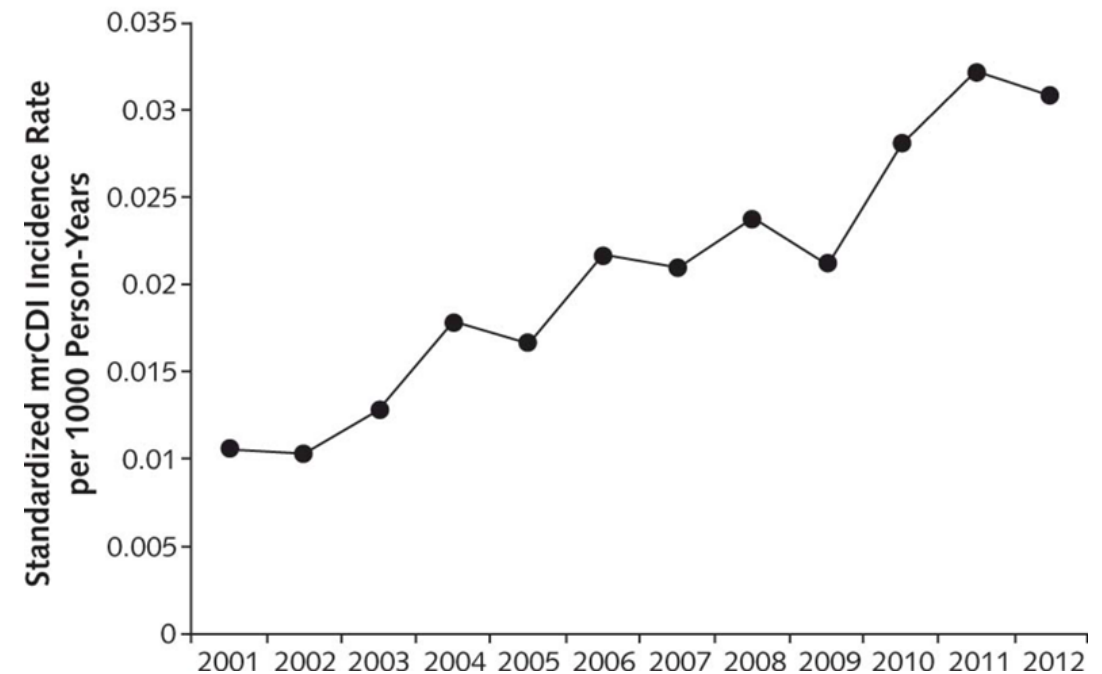
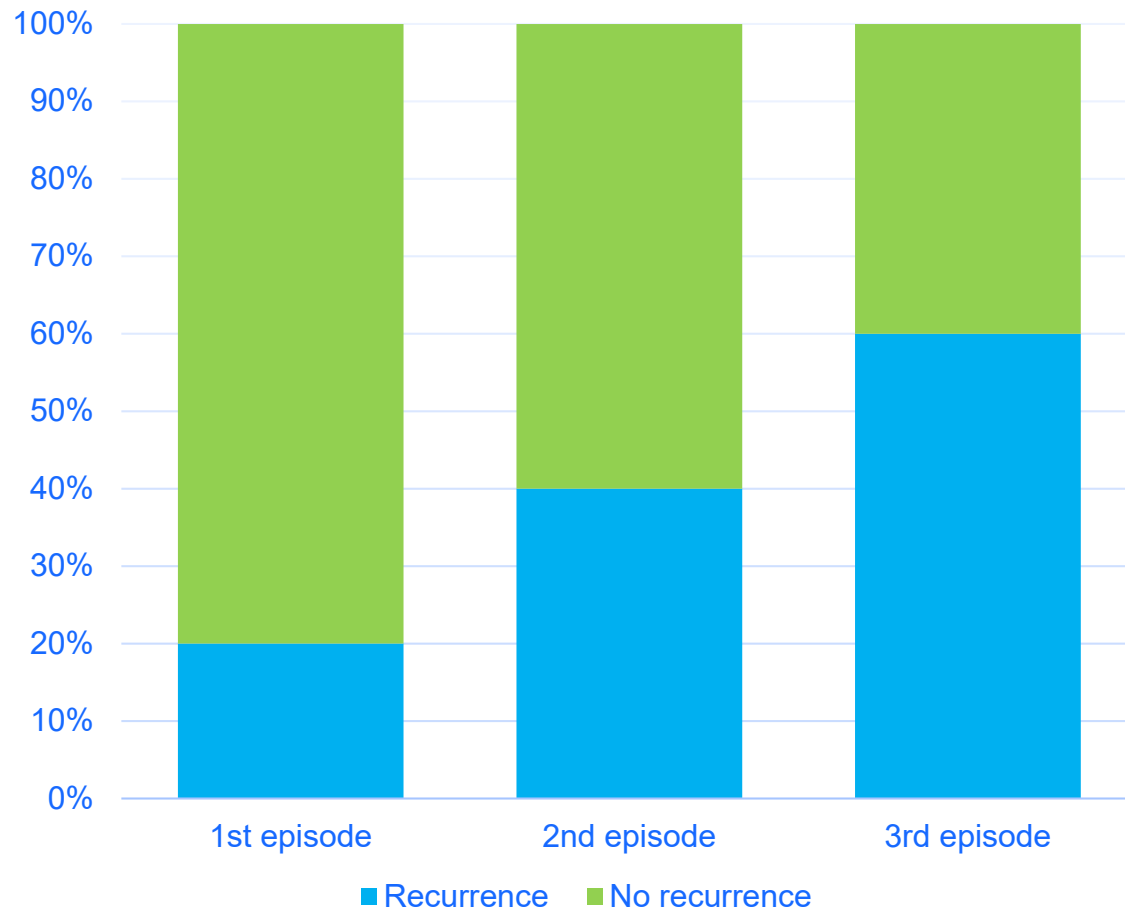


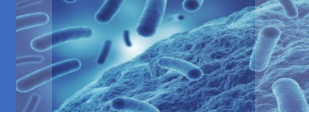
67-year-old patient with cholangiocarcinoma admitted for recurrent cholangitis. The patient has just completed treatment for a first episode of CDI with fidaxomicin. You are treating with ceftriaxone x 7 days. How will you prevent recurrent CDI?

- A. Give oral vancomycin prophylaxis
- B. Give bezlotoxumab
- C. Give probiotics
- D. Something else



Risk for recurrent CDI



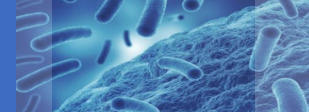


Antibiotics after CDI treatment are common

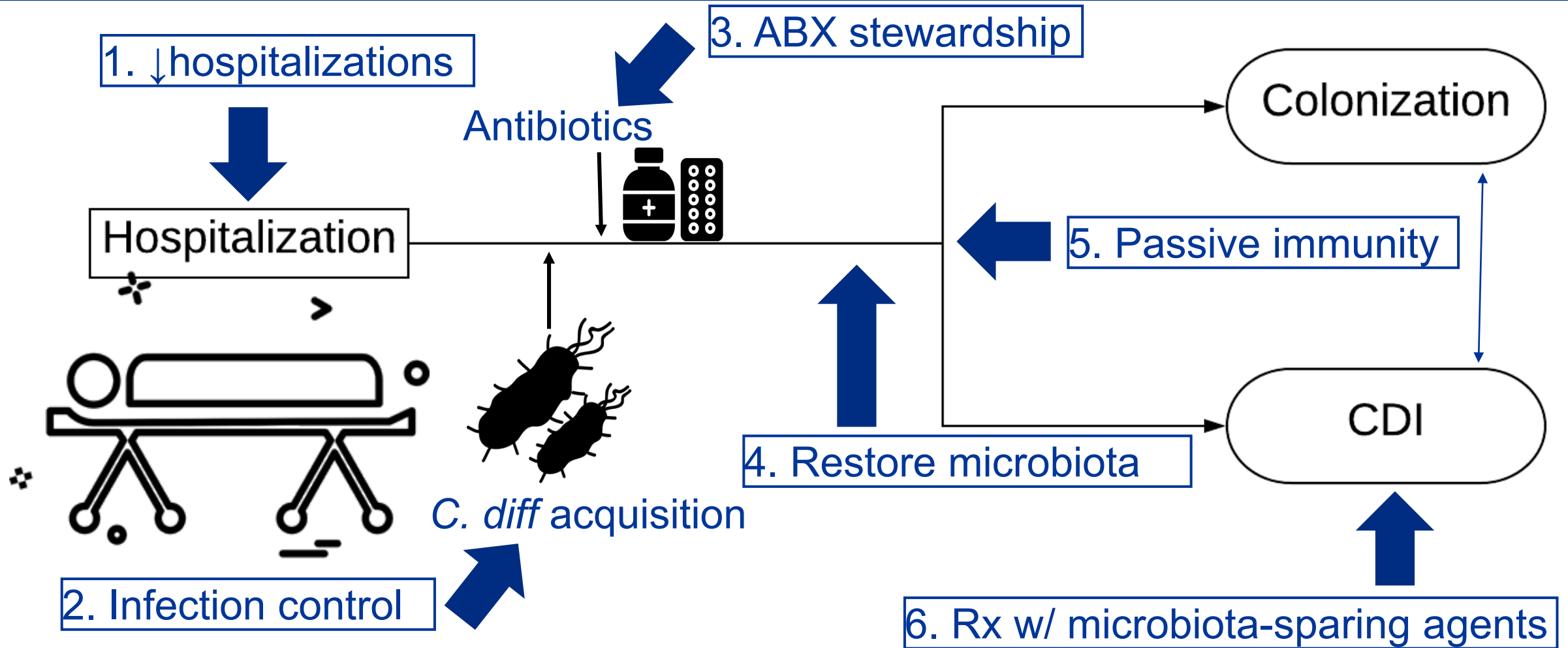
30-70% of patients with CDI receive concomitant or post-CDI treatment systemic antibiotics

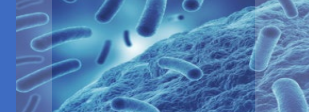
Concomitant or subsequent antibiotic use ↑rCDI risk by **2-4x**

Concomitant antibiotics also decrease time to diarrhea resolution and lower cure rates



Approaches to prevent CDI





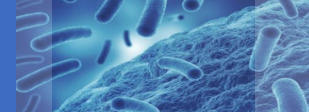
Decrease antibiotic pressure

Stop unnecessary antibiotics

Narrow therapy

Shorten courses

Stop unnecessary acid-suppressing agents



Treat with fidaxomicin

Subgroup analysis of 2 RCTs for FDX vs. VAN for primary CDI or rCDI¹

27.5% received concomitant antibiotics during CDI treatment or 4-week follow-up

- Well-balanced between treatment assignments by spectrum and # of antibiotics

Receipt of CA resulted in:

- 8.9% ↓cure without relapse (2.5-15.4%)
- 43h longer time to resolution of diarrhea
- Differences even more pronounced for high-risk or multiple antibiotics

Outcomes by CDI treatment

	FDX	VAN	Difference
Cure	81/90 (90%)	81/102 (79%)	11% (0.2% to 20%)
Recurrence	15/89 (17%)	28/96 (29%)	-12% (-24% to -0.1%)



Should you extend or provide PO prophylaxis?

RCTs

- Open-label study of high-risk pts on systemic antibiotics randomized to PO VAN vs none: 0/50 (0%) vs. 6/50 (12%) with healthcare onset-CDI
- FDX for ppx in neutropenic pts on FQ did not meet 1^o endpoint but confirmed CDI: 4.3% vs 10.7% (95% CI, 2.2% to 10.6%)
- Larger RCT expected to report results soon (<http://clinicaltrials.gov/show/NCT03462459>)

Observational studies

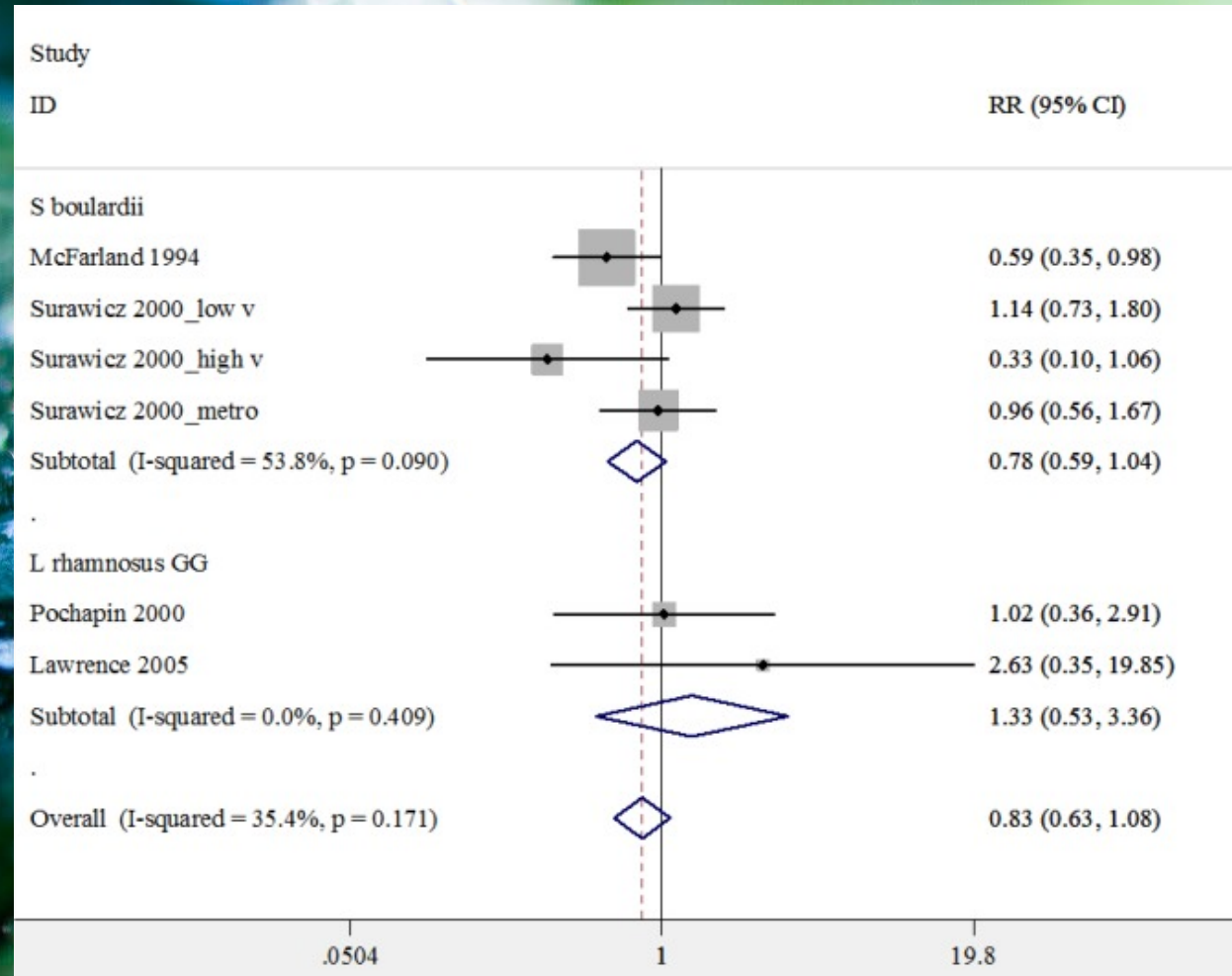
- Variable results. Most rigorous study did not demonstrate benefit except in those with only 1 prior episode. Meta-analysis showed benefit

Bottom line

- Avoid for most, especially if using FDX since the benefit is to preserve the microbiome
- Consider if multiply recurrent, not candidate for FMT, or ongoing recurrences after FMT

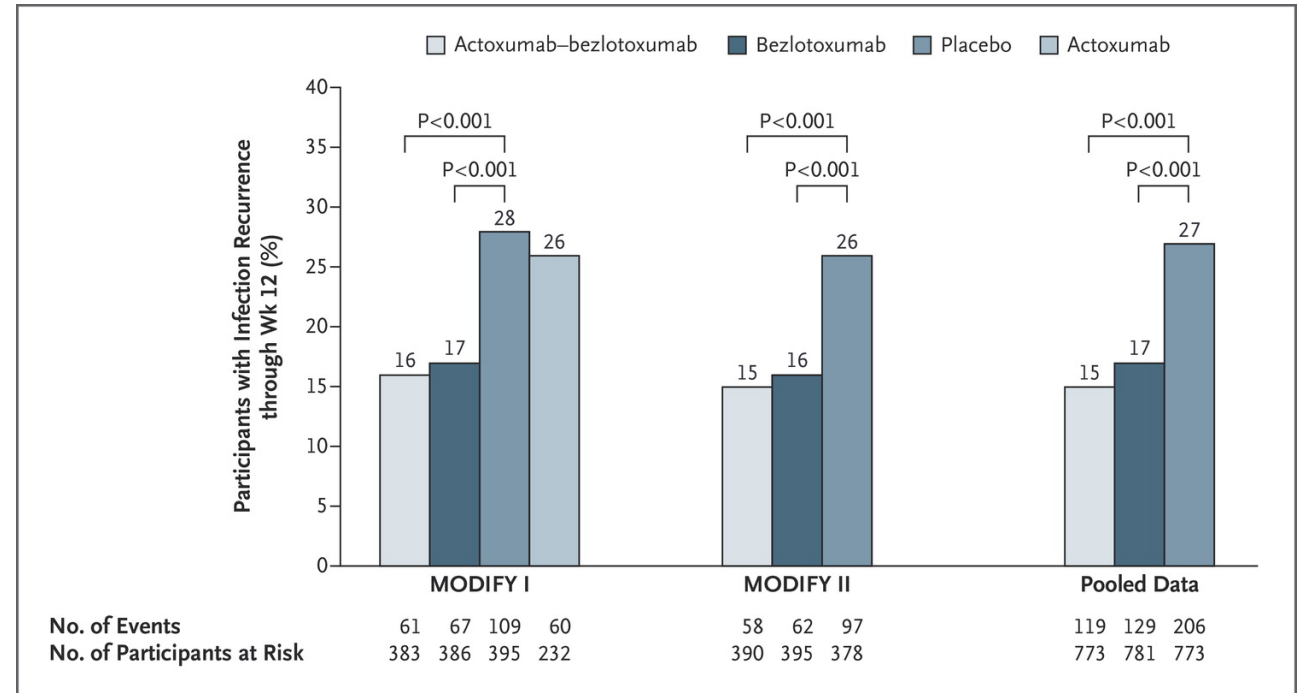
Probiotics for rCDI prevention

AGA: recommend against for 1° or 2° prevention; IDSA: insufficient evidence for 1° prevention, do not address 2°

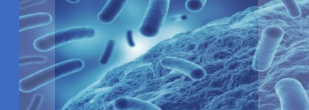


Monoclonal Abs for 2^o prevention: MODIFY I and II

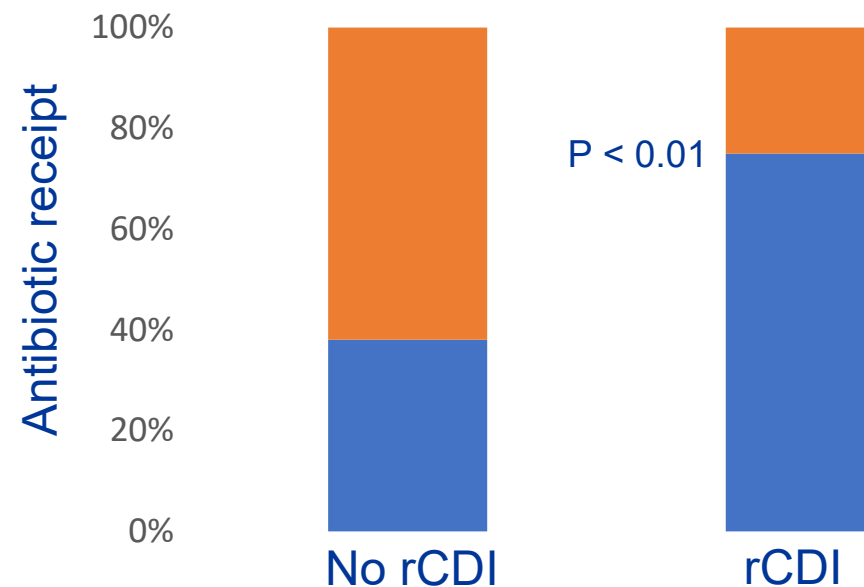
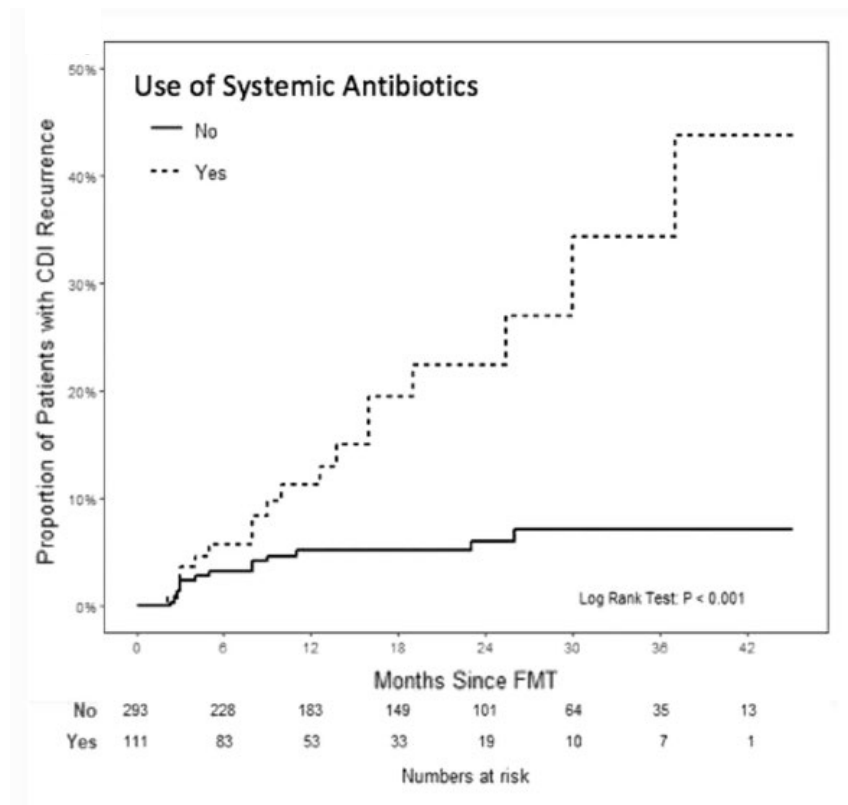
- **NNT = 10**
- Overall Δ sustained cure
Bezlotux vs. SOC: 9.7% (4.8-14.5)
- 40% of patients received concomitant bx and 36% received post-rx abx
 - No formal subgroup analysis



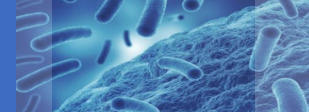
“patients with a primary CDI episode and other risk factors for CDI recurrence... may particularly benefit from receiving bezlotoxumab” [after first episode]



Concomitant antibiotics confer risk for recurrence post FMT



Should repeat FMT or live biotherapeutic products be given at the end of antibiotic treatment?

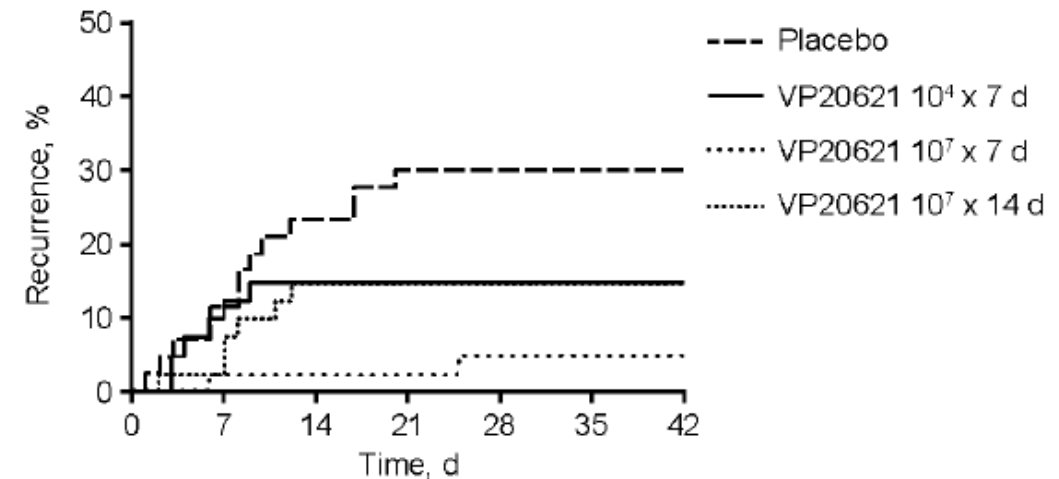


Non-toxigenic *C. diff* for secondary prevention

- 173 patients with 1st or 2nd episode of CDI w/i 28 days (phase II)
 - 19% received additional antibiotics
 - 1-2 days after stopping CDI treatment randomized to non-toxigenic *C. diff* (NTCD-M3) vs. placebo

Recurrence:

- OR 0.3; 95% CI, 0.1-0.7
- Of NTCD-M3 group, 2% for those colonized vs. 31% if not colonized
- rCDI in the concomitant abx subgroup:**
 - PBO: 4/8 (50%) vs.**
 - All VP 20621: 2/25 (8%)**





Ribaxamase

PO β -lactamase \rightarrow degrade excess antibiotics in GI tract

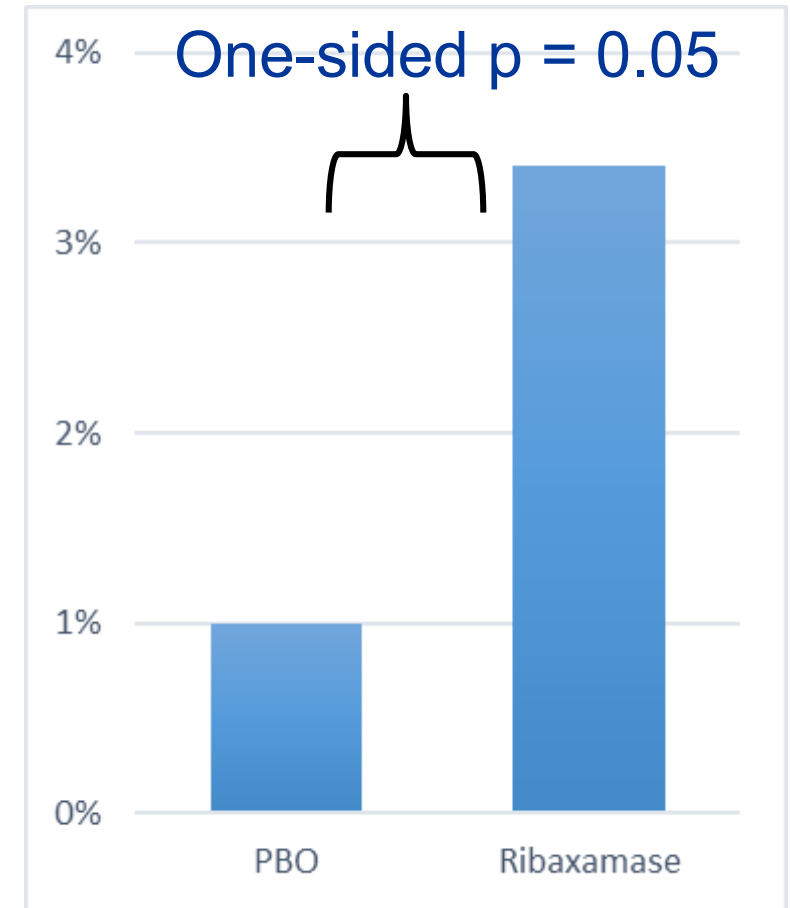


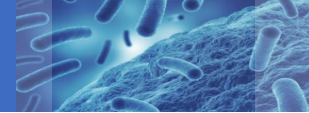
CRO for LRTI
N = 413

Randomization

PBO

Ribaxamase 72h
beyond CRO





Why studies haven't answered this question

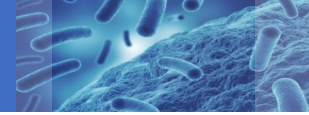
Subgroup analysis of RCT resulting in insufficient power (e.g. non-toxigenic strains, fidaxomicin)

Primary prevention (e.g. ribaximase)

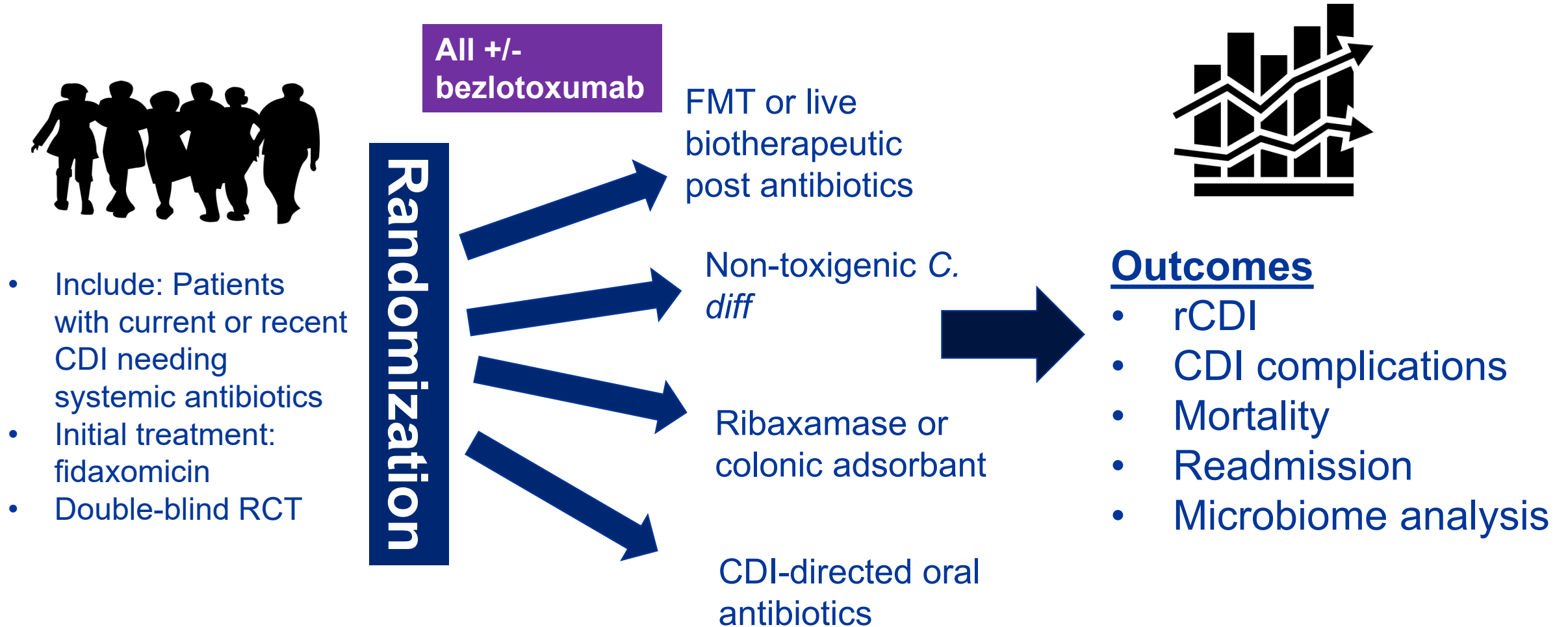
Identification of risk only without intervention (e.g. FMT studies)

Observational studies with residual confounding (e.g. oral prophylaxis)

Have not examined marginal benefit of combined strategies



What would be the optimal study design to determine how to prevent rCDI in patients requiring more antibiotics?



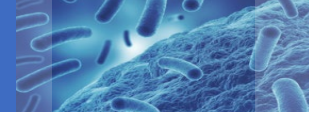
A soccer ball is shown hitting a goal net, with the net's hexagonal pattern visible in the background. The scene is set on a green field.

Use of systemic antibiotics during and after CDI treatment is common and often unavoidable

This use increases risk for recurrence

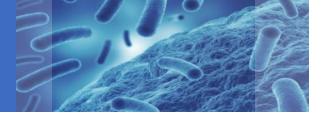
Strategies to decrease risks include:

- Decreasing antibiotics
- Fidaxomicin treatment
- Live biotherapeutics
- Non-toxigenic CDI
- Immune-based therapies (e.g. bezlotoxumab)
- Agents to prevent antibiotic effects in the colon



IS IT TIME TO ADD LIVE BIOTHERAPEUTICS TO YOUR FORMULARY?





Will your institution (continue to) stock LBPs?

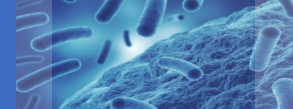
- A) Yes – we plan to provide the Rebyota rectal instillation
- B) Yes – but we are holding out for FDA review of Seres capsules
- C) Yes – we will continue to stock doses obtained through OpenBiome
- D) Yes – we will use product from an in-house stool bank
- E) No – the efficacy data are great but our pharmacists don't want it in the freezer.

** Please comment in the chat if you have other strategies to share for providing LBPs at your institution*

The background of the image shows three petri dishes with blue agar. The dishes are arranged in a triangular pattern. The agar is covered with numerous small, dark, circular bacterial colonies. Some of the colonies are larger and more distinct than others. The petri dishes have white lids with some text printed on them, including "EXP. MORFAM HILL" and "P-14-15".

Drug Companies and Doctors Battle Over the Future of Fecal Transplants

As pharmaceutical companies seek to profit from the curative wonders of human feces, doctors worry about new regulations, higher prices and patients attempting DIY cures.

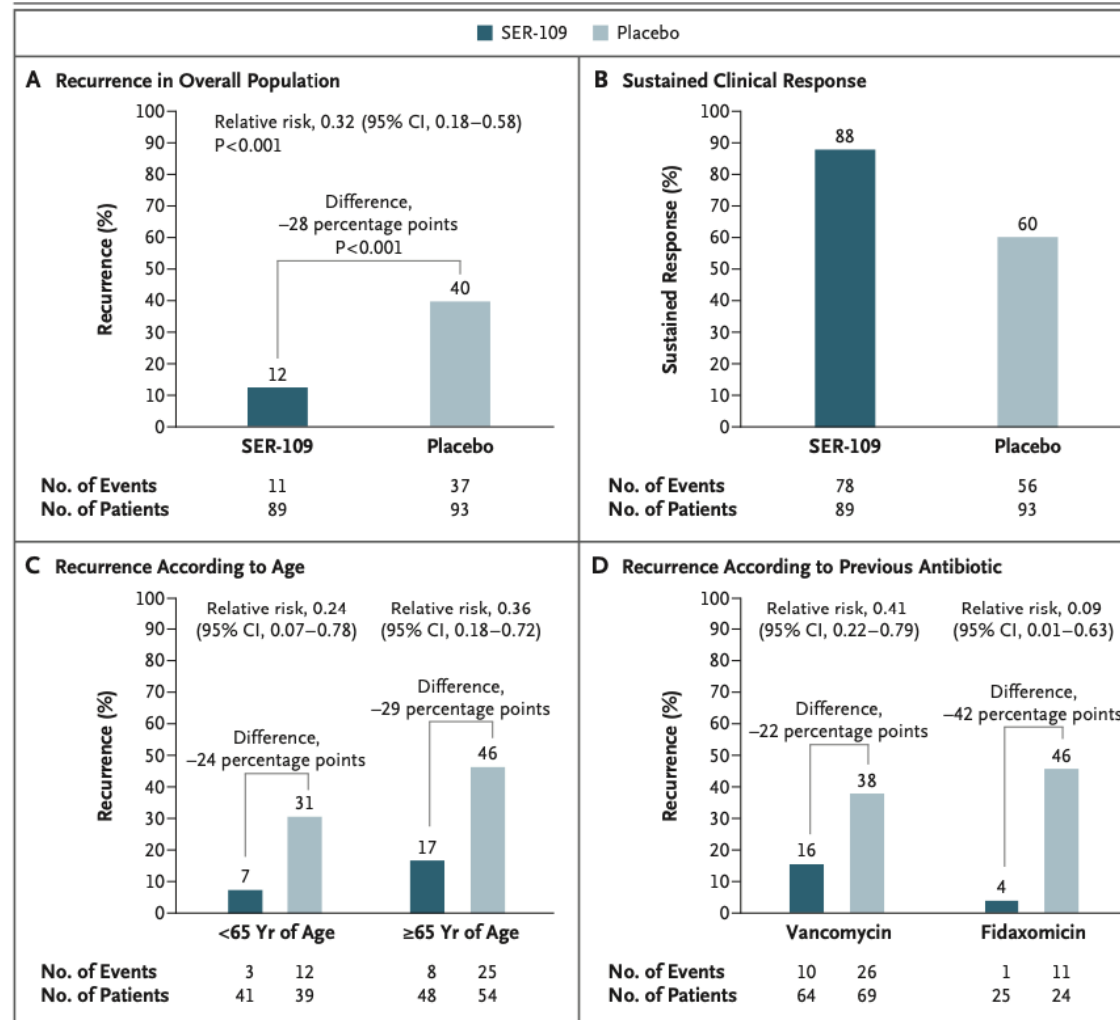
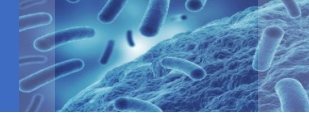


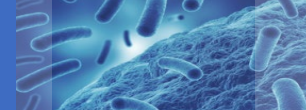
The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

SER-109, an Oral Microbiome Therapy for Recurrent *Clostridioides difficile* Infection

Paul Feuerstadt, M.D., Thomas J. Louie, M.D., Bret Lashner, M.D.,
Elaine E.L. Wang, M.D., Liyang Diao, Ph.D., Jessica A. Bryant, Ph.D.,
Matthew Sims, M.D., Ph.D., Colleen S. Kraft, M.D., Stuart H. Cohen, M.D.,
Charles S. Berenson, M.D., Louis Y. Korman, M.D., Christopher B. Ford, Ph.D.,
Kevin D. Litcofsky, Ph.D., Mary-Jane Lombardo, Ph.D., Jennifer R. Wortman, M.Sc.,
Henry Wu, Ph.D., John G. Auniņš, Ph.D., Christopher W.J. McChalicher, B.Ch.E.,
Jonathan A. Winkler, Ph.D., Barbara H. McGovern, M.D.,
Michele Trucksis, M.D., Ph.D., Matthew R. Henn, Ph.D., and Lisa von Moltke, M.D.

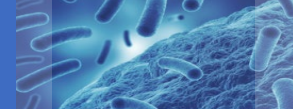




FDA NEWS RELEASE

FDA Approves First Fecal Microbiota Product

Rebyota *Approved for the Prevention of Recurrence of Clostridioides difficile Infection in Adults*



GUIDANCE DOCUMENT

Enforcement Policy Regarding Investigational New Drug Requirements for Use of Fecal Microbiota for Transplantation to Treat *Clostridium* *difficile* Infection Not Responsive to Standard Therapies

Guidance for Industry

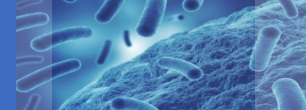
NOVEMBER 2022

[Download the Final Guidance Document](#)

[Read the Federal Register Notice](#)

Final










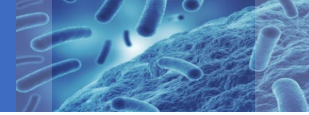
Finch to lay off 95% of staff, scrap microbiome drug study

The company blamed a range of factors in its decision, including limited funding, slower-than-anticipated trial enrollment and “broader sector trends.”

Published Jan. 24, 2023

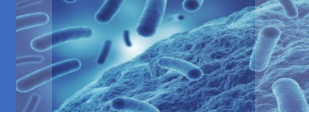


	Regulatory Status	Formulation	Cost	
    	FDA Approved	Rectal instillation (enema)	\$9,000 / dose	
	FDA Review Scheduled 4/2023	Capsule	?	
	Pivoted to Descriptive Research, Distributing UMN Product	Instillation / Capsule (previously)	\$1695 / dose + \$150 shipping	
	Focusing on IP	Capsule	N/A	
	Focusing on non-profit provision of microbiota	Instillation / Capsule	No patient cost	



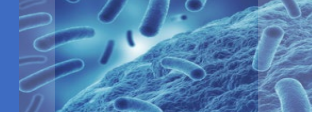
LBP on Formulary? - Unresolved Gaps

- Best practices to anticipate retreatment frequency and costs?
- Reimbursement challenges for outpatient treatment
- Need for diagnostics that accurately classify risk of recurrence and colonization resistance to support LBP stewardship



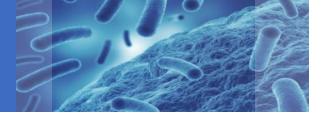
RUNNER-UP CONTROVERSIES





Several *C. difficile* controversies remain unresolved

Controversy
What is the optimal strategy for primary prevention of CDI?
Does strain of CDI matter anymore?
Can you give anti-peristaltic agents for patients with CDI?
What is the optimal treatment strategy for patients with fulminant CDI? Should we use FDX or FMT?
Does stopping acid suppressive medications improve outcomes for patients with CDI?
Should fidaxomicin be dosed with a taper?
Is diverting loop ileostomy preferred to subtotal colectomy for fulminant CDI?
Can live biotherapeutic products be used for other recurrent infections?
What management strategy leads to the best QoL in patients with CDI?
How can we get insurance to reimburse for evidence-backed strategies?



QUESTIONS?